

SOUTH SILK ROAD

Located in Calgary and South Edmonton, South Silk Road is a family-owned restaurant specializing in traditional Yunnan Chinese cuisine. Being immigrants of Yunnan, a distinct region of Southwest China, the restaurant owners have brought with them the rich, unique flavors and menu of their homeland. They initially opened the doors of this authentic Chinese restaurant in Calgary, following their success, they opened their second branch in Edmonton. Today, the restaurant enjoys the name of being of the busiest restaurants throughout the seven days of the week. You would be lucky if you get a reservation during the holiday season!

The Interiors:

The interior of the South Silk Road is breathtakingly awesome. The moment you enter the restaurant, you get bowled over by the rich but tasteful décor, heavily inspired by the ethnic environment of the Yunnan region. Gorgeous traditional style porcelain crockery with the restaurant's name printed on it, dramatic lighting and hanging lanterns all around the restaurant, beautiful Chinese paintings on walls, and cute little dolls adorned in traditional dress speak of cultural invasion as soon as you step inside the restaurant. Everything is so aesthetically pleasing. Even the menu card is artfully designed with such a professional touch.



The Food:

Yunnan cuisine is characterized by spicy food and mushrooms, which are featured prominently. Flowers, ferns, algae, and insects are also available on the menu. You find the same authentic cuisine at the South Silk Road, which boasts a diverse menu of dishes, including those of chicken, duck, beef, lamb, seafood, vegetable, rice, noodles, soup, drinks, and wines, and much more. The menu is too vast; it seems to go on and on and on. Many of the dishes' distinctive feature is the gracious use of dried chili warm, but not in the same abundance as authentic Szechuan dishes. The result is a gradual spicy heat, which your taste buds start getting used to after a few hot bites. The spicy menu, however, can be adjusted upon request.

Some of the customers' favorite dishes are:



Yunnan Steam Pot Chicken –This is a famous dish in Yunnan cuisine where chicken pieces are steamed uniquely with tonic herbs in a special ceramic pot. This slow steaming results in the most intensely-flavored piping hot chicken soup with herbal aroma.



Mushroom Prosciutto Fried Rice – It's the most popular rice dish with a mix of green onions, eggs, mushrooms, and Prosciutto- simply loaded with a light yet great flavors with no much grease. Perfect for those who can't eat spicy food.



Yunnan spicy lamb: Stir-fried with green peppers, green onion, and chili peppers, the lamb flakes are spicy, juicy, tender, and wonderfully seasoned. A good heat level to go along with a mixture of the veggies.



Pineapple-Honey Sticky Rice (Especially Recommended) this is one of the most popular creative side dishes that taste good as a dessert. It is gooey and sweet with a pleasant fruity aroma. Rice with a soft mushy texture and sticky consistency is stuffed inside a hollowed-out pineapple and mixed with sweet and fresh pineapple chunks. It's a unique and savory dessert.

Bottom Line:

It's rare to find a Yunnan restaurant in North America that is authentic at the same time! South Silk Road is one such place there. It is a go-to restaurant also for all those who like spicy food. Portions are generous. Serving sizes are very large. Prices match serving sizes accordingly. The main ingredients being imported from Yunnan, the kitchen presents like a home of exotic smells where they cook everything fresh, unlike other Chinese food restaurants where the food is semi-prepared before serving. Offering great taste and a wide variety of flavors coupled with fast & friendly, efficient service and a cozy, homey, quiet, and well-organized ambiance, South Silk Road is an excellent place for families or a date or a meeting. It will keep you coming back for more!