

The 3 Best Tips to Have a Better Relationship!

So we all hear about breakups and people getting into new relationships every now and then. Sure, it is great to be with the one you love, and to move away from someone who becomes a source of stress and heartbreak for you.

However, in order to preserve the relationship that you have so that it lasts longer, you as a person should follow some tips. These tips can not only help your relationship last longer, but also turn your relationship into a fulfilling and happy one.

So let's ride the boat of love now, shall we?

Tip#1 Respect Your Significant Other

The first and foremost tip to a healthy relationship? Respecting your SO of course! By respect, it means that you respect their needs and requirements, you respect their aspirations in life, and you respect their choices and much more.

When you respect your SO, you automatically let them know that you value their decisions and their well-being above your own ego. It is good to advice and counsel your SO every now and then, but try not to interfere with their decision-making which leads them to believe that apparently you DON'T respect them.

Tip#2 Cherish the Little Moments

It is the 21st century and we are all leading hectic lives. In such a time, more than often we are not able to spend time with the ones we love. It is essential that we keep a little timeframe specifically for our SO in our time schedule, even if it is doing something special once a week or month.

While the time you are with your SO, cherish those little moments and make the best of them. Share about your day, ask them how their day went, indulge in some cheesy romantic conversation and let them know how special these moments are to you.

As such, even if you cannot do something special every day or spend some quality time every now and then; you will still feel better and happier with the memories of those little moments.

Tip#3 Enjoy the Career Interests of Your Significant Other

A lot of couples consist of the partners belonging to different fields and backgrounds. But that is not supposed to mean that the relationship cannot work. Our career goals and aspirations form a MAJOR part of our life. If you are not taking interest in your partner's career or favourites, then you are gradually pushing them apart.

In an era where approximately 9 hours of our everyday life is spent at work, it feels somewhat therapeutic to share about our work or how hectic our day was.

Slowly and slowly, it would help if you worked on developing a liking of your partner's career interests. Ask them about their day, ask them about the technicalities of the work they are involved in and etc. That way, if they are frustrated from a hectic day at work, for example, then you can jump in to offer some great suggestions and perhaps provide them some therapy.