

What the Strength Card Means During Tarot Card Readings

The Strength Card is the Ninth card in the 22 trump cards (Major Arcana) and is associated with the number 8. In numerology, it is related to using your powers to make changes to achieve your personal goals. When it comes to Strength, we usually associate it with muscles, strong arms, and toughness. Although the Strength Card can indeed be symbolized as physical strength and determination, it can also represent our inner strength. Having courage, hope, patience, perseverance, a strong spirit, a balanced mind, self-control, and willpower are qualities of inner strength.

A lady with flower garlands and an infinity halo is taming a lion, as shown on the Rider-Waite deck's image. The Strength card is also associated with the zodiac sign of Leo. In astrological terms, Leo is ruled by the Sun, which represents your personal power/inner strength). The above qualities are needed to tame the lion and ultimately control it.

The card appears when these qualities are most needed in life. It acts as a call to action for yourself to develop all of the above traits. It may be the period when you are trying to tackle something you fear that takes you outside of your comfort zone, such as public speaking, feeling hesitant about an event which might disrupt your daily routine, for example, dieting, quitting smoking/drinking, or currently fighting an uphill battle in life.

Have the strength say no, take a step back and listen to your instincts. Strength is a reminder for you to be a pillar of strength for yourself and to others. Take the time to stay humble and feel secure within yourself. Your life will be more harmonious when you are grounded and balanced. The fear of failure and procrastination will prevent you from succeeding. Be in control. If not, the environment will control you. You were training your personality's mind spirit by keeping your mind free of clutter and keeping your ego in check.

In another aspect, in a relationship reading, the card may tell you that someone needs to play it cool by showing some self-restraint. You may probably be having conflicts with this person who could be your partner, family member, colleague, etc.

The Strength card encourages you to stay on track and not to revert into unhealthy patterns. You are stronger than you think. You have what it takes, and do not give up.